

COMPASSION FATIGUE: TRAIN THE TRAINER PROGRAM



2-day intensive program by Françoise Mathieu, M.Ed., RP., CCC.

The two-day **Compassion Fatigue Train the Trainer program** is an essential part of resiliency training and ensuring continuity in the organization: key individuals are selected and trained to offer Compassion Fatigue and Vicarious Trauma workshops on an ongoing-basis. They will become change agents and champions of compassion satisfaction at work.

This capacity-building model has been highly successful in several workplaces across Canada and the United States such as Peel Region, York Region, Florida Department of Children and Family, Los Angeles Children's Institute, Bruyere Continuing Care, Yukon Victim Services and Mount Sinai Hospital. The two-day "Train the Trainer" course requires all participants to have successfully completed the "Walking the Walk" one-day workshop prior to attending.

Numbers of participants are limited to 20 per session. This workshop can be offered either in-house or trainees can attend our annual course offered in Kingston in November or complete the online Train the Trainer course in February each year. Participants who successfully complete the Train the Trainer program can apply to become certified Compassion Fatigue Educators with the Green Cross Academy of Traumatology.

*Please note that prior to attending Train the Trainer, you must have attended the Walking the Walk full-day course.

