

Trauma-Informed Practice | Winter 2025 Schedule

WEEK ONE

Lecture #1: Understanding Trauma & Trauma-Informed Practice (2 hours)

January 7, 2025 | 12:00pm - 2:00pm ET

Reflection Session #1 (75 minutes)

January 10, 2025 | 1:00pm - 2:15pm ET

WEEK TWO

Lecture #2: Applying Trauma-Informed Principles to Your Work (2 hours)

January 14, 2025 | 12:00pm - 2:00pm ET

Reflection Session #2 (75 minutes)

January 17, 2025 | 1:00pm - 2:15pm ET

WEEK THREE

Lecture #3: Building Trauma-Informed Organizations (2 hours)

January 21, 2025 | 12:00pm - 2:00pm ET

Reflection Session #3 (75 minutes)

January 24, 2025 | 1:00pm - 2:15pm ET

WEEK FOUR

Lecture #4: Sustaining Trauma-Informed Practices (2 hours)

February 4, 2025 | 12:00pm - 2:00pm ET

Reflection Session #4 (75 minutes)

February 7, 2025 | 1:00pm - 2:15pm ET

FINAL REFLECTION SESSION

Reflection Session #5 (75 minutes)

February 28, 2025 | 1:00pm - 2:15pm ET