

# TRAIN the TRAINER | Winter 2025 Schedule

Format: Virtual (Zoom)  
Instructor: Françoise Mathieu, M. Ed., RP

## WEEK ONE

**Lecture #1:** The Foundations  
& Latest Research on STS (2 hours)  
February 4, 2025 | 12:00pm - 2:00pm EST

**Q&A #1** (75 minutes)  
February 7, 2025  
1:00pm - 2:15pm EST **OR\*** 2:30pm - 3:45pm EST

## WEEK TWO

**Lecture #2:** How to Make Your Workshop Stick  
(2 hours)  
February 11, 2025 | 12:00pm - 2:00pm EST

**Q&A #2** (75 minutes)  
February 14, 2025  
1:00pm - 2:15pm EST **OR\*** 2:30pm - 3:45pm EST

## WEEK THREE

**Lecture #3:** Lessons Learned: Essential Tips  
for Presenters (2 hours)  
February 18, 2025 | 12:00pm - 2:00pm EST

**Q&A #3** (75 minutes)  
February 21, 2025  
1:00pm - 2:15pm EST **OR\*** 2:30pm - 3:45pm EST

## WEEK FOUR

**Lecture #4:** Presenting to Leadership  
& Your Next Steps (2 hours)  
February 25, 2025 | 12:00pm - 2:00pm EST

**Q&A #4** (75 minutes)  
February 28, 2025  
1:00pm - 2:15pm EST **OR\*** 2:30pm - 3:45pm EST

## FINAL Q&A SESSION

**Q&A 4** (75 minutes)  
March 28, 2025 | 1:00pm - 2:15pm EST

*\*In an effort to facilitate meaningful discussions, participants will be assigned to one of two groups for the weekly Q&As. Every effort will be made to ensure that participants are grouped with members from similar sectors or professions. All participants will attend the Final Q&A*