



## Trauma-Informed Practice Program - Agenda

### Online Intensive | Winter 2026

The TEND Trauma-Informed Practice Program is an intensive course designed to help organizations translate trauma-aware principles into practical, measurable strategies for their workforce. Participants explore how trauma impacts individuals and systems, learn how to build and sustain trauma-informed practices within their own context, and leave with a clear action plan and tools for implementation.

### About the Instructor



**Marlene O'Neill Laberge**, is an Organizational Health Specialist and lead of the TEND Working Well, Together Program, partnering with leaders to create healthy, high-functioning workplaces. With over 20 years of experience across health care, child welfare, and community mental health, she brings deep expertise in secondary traumatic stress, trauma-informed practices, and organizational well-being. A skilled and engaging trainer, Marlene draws on real-world stories and case examples to make complex concepts practical and relatable.

### Day 1 | Tuesday, February 24, 2026, 9:00 AM – 4:30 PM ET

AM	The Foundations of Trauma-Informed Practice
PM	Trauma-Informed Practices on an Individual Level

### Day 2 | Wednesday, February 25, 2026 | 9:00am – 4:30pm ET

AM	Trauma-Informed Practices on an Organizational Level
PM	Creating Your Action Plan

### Day 3 | Thursday, February 26, 2026 | 9:00am – 12:00pm ET

AM	Implementation Support and Overcoming Frictions
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**Note that this course runs in Eastern Time (ET).** Please adjust your schedule accordingly.

## Follow-up Q&A Sessions

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**Tuesday, March 31, 2026 | 12:00pm - 1:15pm ET**

**Tuesday, April 28, 2026 | 12:00pm - 1:15pm ET**

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