

Trauma-Informed Practice Program - Agenda

Online Intensive | Winter 2026

The TEND Trauma-Informed Practice Program is an intensive course designed to help organizations translate trauma-aware principles into practical, measurable strategies for their workforce. Participants explore how trauma impacts individuals and systems, learn how to build and sustain trauma-informed practices within their own context, and leave with a clear action plan and tools for implementation.

About the Instructor



Marlene O'Neill Laberge, is an Organizational Health Specialist and lead of the TEND Working Well, Together Program, partnering with leaders to create healthy, high-functioning workplaces. With over 20 years of experience across health care, child welfare, and community mental health, she brings deep expertise in secondary traumatic stress, trauma-informed practices, and organizational well-being. A skilled and engaging trainer, Marlene draws on real-world stories and case examples to make complex concepts practical and relatable.

Day 1 | Tuesday, February 24, 2026, 9:00 AM – 4:30 PM ET

AM	The Foundations of Trauma-Informed Practice
PM	Trauma-Informed Practices on an Individual Level

Day 2 | Wednesday, February 25, 2026 | 9:00am – 4:30pm ET

AM	Trauma-Informed Practices on an Organizational Level
PM	Creating Your Action Plan

Day 3 | Thursday, February 26, 2026 | 9:00am – 12:00pm ET


AM	Implementation Support and Overcoming Frictions
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 **Note that this course runs in Eastern Time (ET).** Please adjust your schedule accordingly.

Follow-up Q&A Sessions

Tuesday, March 31, 2026 | 12:00pm - 1:15pm ET

Tuesday, April 28, 2026 | 12:00pm - 1:15pm ET

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